

SUSTAINABILITY AT-HOME CHECKLIST



PLEASE EMAIL YOUR COMPLETED CHECKLET TO ANNA@LIVABLEBUCKHEAD.ORG FOR POINTS VERIFICATION

STEP 1: CALCULATE YOUR CARBON FOOTPRINT USING THIS LINK: [CARBON FOOTPRINT CALCULATOR](#)

WHAT WAS YOUR ANNUAL CO2 EMISSION TOTAL?

TONS CO2/YEAR

ENERGY & WATER

- Have you replaced all incandescent lightbulbs w/LEDs or CFLs lightbulbs?
- Do you turn off the water while you brush your teeth?
- Do you unplug unused electronics to minimize standby power consumption?
- Do you turn off/Check lights & appliances, every morning and night and anytime you leave home?

YES!

NO :(

SOME/
OCCASIONALLY

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

WASTE

- Do you recycle plastics and metals at home?
- Do you compost your food at home? If no, check out compostnow.org for valet composting!
- Do you donate clothing and gently used household goods?
- Do you use reusable bags when shopping? At the grocery store and other necessary purchases?

YES!

NO :(

SOME/
OCCASIONALLY

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FOOD & CONSUMERISM

- Do you buy locally sourced, organic, plant-based foods (i.e. local farmers, CSAs & farmers markets)?
- Do you buy any clothing or household items on consignment (vintage and reuse is cool!)?
- Are you a vegan? Or if you consume meat do you make an effort to purchase meat from local farmers?
- Do you avoid fast fashion purchases?

YES!

NO :(

SOME/
OCCASIONALLY

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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TRANSPORTATION

- Are you working from home?
- When not working from home, do you take MARTA, local xpress buses, walk/bike, rideshare/scoot or carpool?
- When completing errands out of work, do you walk/bike, rideshare/scoot or take transit?
- If you own a vehicle, do you take care of your car's maintenance & ensure your tires are properly inflated & rotated?

YES!

NO :(

SOME/
OCCASIONALLY

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Please note: There is no weighted score for completing the checklist. All submissions are eligible for the 25 activity points. A follow up email on ways to be more sustainable will be shared after completing this activity.